



3rd CHKA OPEN CHAMPIONSHIPS

Date: 7th April 2019

Venue: **Hornchurch Sports Centre, Harrow Lodge Park**
Hornchurch Road, Hornchurch, RM11 1JU

COACHES Information & Entry Pack

We are pleased to provide the details of our **3rd CHKA Open Championships**.

The competition will be officiated by Mr Ivor Thomas as Chief Referee and he will be supported by his team of qualified officials (qualified at National level or above).

We look forward to welcoming you to the event for an inspiring day of great karate.

James & Robert Steadman
Chief Instructors, CHKA Karate
Competition Organisers

www.chka-events.com

info@chka-events.com

07731 855 849

Index	Page
1. Competition Details	3
2. Entry Fees	4
3. Kata Events List	5
4. Kumite Events List	6 - 7
5. Rules for Competition	7 – 8 - 9
6. Important Rules for Parents & Spectators	10 - 11
7. Entry Form & Payment Method	12
8. Coaches Packs	12
9. Electronic Entries	13
10. Closing Date for Entries	13
11. Accommodation	13 - 14
12. Parking	15
13. Main Motorway Junction	15
14. Café in Venue	15
15. Contact Details & Competition Website	15
Attachment 1 : Entry Form	17 – 19
Attachment 2 : Event Parking Solutions	20

1. **Competition Details**

1.1 **Times**

Registration (Opens from)	07:30
Coach & Referee's Briefing	08:45
Competition Start (Sharp)	09:00
Competition End (expected)	17:00

1.2 **Tatami's**

Five tatami's will operate according to WKF rules / system

- 3 tatami's (8x8) for 14+ years in Kata and Kumite with 4 judges and a referee.
- 2 tatami's (6x6) for 13 years and under in Kata and Kumite with 2 judges and a referee.

1.3 **Head Referee & Officials**

- Ivor Thomas will be Chief Referee and he will be supported by a team of referees qualified at National level or above.
- Ivor Thomas 6th Dan South Gloucestershire Karate Academy. Ivor is Chief Instructor at South Gloucestershire Karate Academy and a European Referee. Ivor has been training in Karate since 1968.

1.4 No late entries (closing date 25th March 2019), and no entries on the day.

1.5 Entries will be capped at 700.

Please note that this competition is open to members of the English Karate Federation or members of other WKF affiliated governing bodies and competitors not in contravention of WKF statute 21.9 only.

Licence checks will be carried out on the day- invalid licences will result in entry being denied.

2. **Entry Fees**

Kata

- Individual Kata £15

Kumite

- Individual Kumite £15
- Team Kumite £30

Spectators

- Spectators £5
- Under 5 years old free

3. Kata Events List

Cat No	Individual Kata Event		Grade	Age
1	Kata	Male	Open	7 and under
2	Kata	Female	Open	7 and under
3	Kata	Male	Novice to 5 th kyu	8-9
4	Kata	Female	Novice to 5 th kyu	8-9
5	Kata	Male	4 th kyu & above	8-9
6	Kata	Female	4 th kyu & above	8-9
7	Kata	Male	Novice to 5 th kyu	10-11
8	Kata	Female	Novice to 5 th kyu	10-11
9	Kata	Male	4 th kyu & above	10-11
10	Kata	Female	4 th kyu & above	10-11
11	Kata	Male	Open	12-13
12	Kata	Female	Open	12-13
13	Kata	Male	Open	14-15
14	Kata	Female	Open	14-15
15	Kata	Male	Open	16-17
16	Kata	Female	Open	16-17
17	Kata	Male	Open	16+
18	Kata	Female	Open	16+
19	Kata	Male	Open	30+
20	Kata	Female	Open	30+
21	Para Kata	Mixed	Open	

4. **Kumite Events List** – Please note there is also Team Kumite Categories for all and Open Categories for 14 years and above

Cat No	Individual Kumite Event		Weight	Age
22	Kumite	Male	Open	7 and under
23	Kumite	Female	Open	7 and under
24	Kumite	Male	-32kg	8-9
25	Kumite	Male	+32kg	8-9
26	Kumite	Female	Open	8-9
27	Kumite	Male	-35kg	10-11
28	Kumite	Male	+35kg	10-11
29	Kumite	Female	-35kg	10-11
30	Kumite	Female	+35kg	10-11
31	Kumite	Male	-45kg	12-13
32	Kumite	Male	+45kg	12-13
33	Kumite	Female	-45kg	12-13
34	Kumite	Female	+45kg	12-13
35	Kumite	Male	-55kg	14-15
36	Kumite	Male	+55kg	14-15
37	Kumite	Male	Open	14-15
38	Kumite	Female	-50kg	14-15
39	Kumite	Female	+50kg	14-15
40	Kumite	Female	Open	14-15
41	Kumite	Male	-68kg	16-17
42	Kumite	Male	+68kg	16-17
43	Kumite	Male	Open	16-17
44	Kumite	Female	-55kg	16-17
45	Kumite	Female	+55kg	16-17
46	Kumite	Female	Open	16-17
47	Kumite	Male	-75kg	18+
48	Kumite	Male	+75kg	18+
49	Kumite	Male	Open	18+
50	Kumite	Female	-61kg	18+
51	Kumite	Female	+61kg	18+
52	Kumite	Female	Open	18+
53	Kumite	Male	Open	30+
54	Kumite	Female	Open	30+
Cat No	Team Kumite Event (3) <i>Male, Female, Male</i>		Weight	Age
55	Kumite Team	Male x2, Female x 1	Open	9 and Under

56	Kumite Team	Male x2, Female x 1	Open	10-11
57	Kumite Team	Male x2, Female x 1	Open	12-13
58	Kumite Team	Male x2, Female x 1	Open	14-15
59	Kumite Team	Male x2, Female x 1	Open	16-17
60	Kumite Team	Male x2, Female x 1	Open	18+

5. Rules for Competition

5.1 General

- Red and Blue Flags system will be used for all events.
- Red and Blue Belts are compulsory for all events.
- WKF Rules will be used throughout the competition with slight modifications on certain age groups.
- Competitors must wear a clean white Traditional Karate Gi as per WKF rules.
- Competitors age as on day of competition and not entry closing date.
- In any categories, if less than 3 competitors the organiser can merge or cancel categories.
- It is the coaches' responsibility to ensure that all competitors are fully licensed and insured.
- Under no circumstances can competitors move up in categories except for Kata competitors 16/17 years who can compete in the 16+ section.
- No late entries (closing date 25th March 2019), and no entries on the day.

5.2 Kata Rules

- Under 7 years open and Novice to 5th Kyu categories – Lower Grade kata's only. Please see kata list (page 8). Can Repeat Kata.
- 8-9 years and 10-11 years 4th kyu and above section can perform any kata's and can alternate

- 12-13 years old and 30 years+ can alternate Katas.
- Under 14s two competitors at a time.
- 14+ WKF Rules apply.
- Para Kata – Can Repeat Kata's
- No reperchage for any age
- **Under no circumstance can competitors move up in categories except for Kata competitors 16/17 years who can compete in the 16+ section.**

Kata List for 7 and under, and 5th kyu and below categories			
Goju Ryu	Wado Ryu	Shotokan	Shito Ryu
Taikyoku Jodan	Basic Khion Kata	Basic Khion Kata	Junino (Basic)
Taikyoku Chudan	Pinan Nidan	Heian Shodan	Pinan Nidan
Taikyoku Gedan	Pinan Shodan	Heian Nidan	Pinan Shodan
Taikyoku Kakie Uke	Pinan Sandan	Heian Sandan	Pinan Sandan
Taikyoku Mawashi Uke	Pinan Yodan	Heian Yondan	Pinan Yodan
Gekisai Dai Ichi	Pinan Godan	Heian Godan	Pinan Godan
Gekisai Dai Ni			

5.3 Kumite Rules

Under 14

- WKF style Red and Blue Hand Pads, Belts and Gum shields are **COMPULSORY**.
- No head contact allowed – enforcing the 10cm ruling.
- No Reperchage.
- WKF style shin and instep is advised for under 12, compulsory for 12 plus.
- 8 Points Clear.

- Under no circumstance can competitors move up in categories

14 Plus

- WKF Rules apply.
- No Reperchage.
- Under no circumstance can competitors move up in categories.

Team Kumite

- 3 competitor team event, teams can compete with 2 karateka
- Order – 1) Male, 2) Female, 3) Male
- The winner is the team with most wins. If wins are the same, then most points scored. If points scored is the same then it will be taken to a final match where the 1st fighters fight again, in the case of a draw the referee shall decide on Hanti.

5.4 Bout Times

9 years and under

- 1 Minute

10 – 13 years

- 1 Minute 30 Seconds

14 Years Plus

- 2 Minutes

Please Note - we reserve the right to reduce bout times if we feel that this needs to be done in circumstances such as any unforeseen delays impacting on the finishing time of competition. If this does happen we will let you know.

5.5 Draw System

- We will be using akaa.co.uk to do an automatic random draw, which will keep the same clubs competitors as far away from each other as possible.
- This System will also produce draws and entry details on the website, akaa.co.uk

6. **Important Rules for Parents & Spectators**

- **Club coaches please communicate these important rules to parents, competitors and supporters from your club**

- 6.1 Your club's entry to this competition is on the understanding that ALL parents and students accept the following rules. If you do not agree or think they are unreasonable, please speak to the organisers prior to the competition and BEFORE entries are submitted.
- 6.2 Parents and spectators **CANNOT** approach any officials' tables or referees under any circumstances. Please speak to your club coach who will then discuss the matter with the relevant officials.
- 6.3 **The competition zone area is reserved for competitors and their coaches. Only competitors whose categories have been called will be able to enter the competition zone area. Parents and spectators will not be allowed in the competition zone area.**
- 6.4 **No Protests** will be allowed concerning referees decisions by anyone. This competition is run in good faith and we will all be doing our best to make it a successful day.
- 6.5 Discourteous behavior towards competitors/ officials/ parents will result in disqualification from this competition and future events.
- 6.6 **We would like everyone to enjoy the day and be able to support their club's competitors. We therefore ask for mutual respect in the spectators seating area – please do not stand up when supporting competitors, it makes it very hard for others to see their competitors.**
- 6.7 Photography & video – parents and coaches are requested to turn off their flash options on their devices when taking photographs and videos of competitors. The bright light causes difficulties for those on the tatami.
- 6.8 Photographs will be taken by the organiser's official photographer/s and photos will be used for publicity purposes. Please speak to James or Rob if you do not want photographs taken of a competitor.
- 6.9 Any infringements may result in the competitor or team being barred from the event and future events.
- 6.10 WKF Rules can be downloaded from <http://www.wkf.net/ksportrules-regulations.php>.
- 6.11 Entry to this event is on the understanding that the organisers and owner of the venue accepts no responsibility or liability for any injury or loss that may result from the event.

- 6.12 All competitors must bring a valid licence, either EKF or National governing body affiliated to the WKF.
- 6.13 First Aiders will be in attendance throughout the entire duration of the event

7. **Entry Form & Payment**

7.1 Please refer to Attachment 1 : ENTRY FORM

7.2 BACS Payments can be made to :

Account Name: CHKA Events

Sort code: 40 09 07

Account number: 81665065

Reference: **CHKA & name of your club**

- Follow this up with a text message to James Steadman **07731855849** to confirm payment and entry info@chka-events.com
- If you have issues paying by bank transfer please contact us and we can proceed with another payment options.

Closing date: Sunday 25th March 2019

8. **Coaches Packs**

- Please email a photograph (head and shoulders shot) of your club's coaches to info@chka-events.com together with your Club's Entry Form.
- The pack will include passes for your coaches - a maximum of 3 coaches per club and will be available to pick up from the entrance desk

9. **Electronic Entries**

Send to info@chka-events.com

Confirm with text to 07731 855 849

10. **Closing Date of Entries**

25th March 2019

11. **Accommodation**

- Listed below are a few of the local hotels near to the venue with lots of things to do nearby and great transport links to central London if you wish to make a weekend of it.
- For any additional information please contact James Steadman on 07731 855 849.

London Romford West hotel



Whalebone Lane North, Chadwell Heath, Romford RM6 6QU

[3.8 miles from competition venue](#)

Put yourself at the heart of the action at our London Romford hotel. From the Olympic Village to the O2, many world-class venues are just a short journey away. Alternatively, hop on a bus or a tube and you'll be in central London in a matter of minutes. Catch the edge-of-your-seat sports action at the Olympic Park. Or jump to your feet with a gig at the O2. There's shopping at Westfield Stratford City, not to mention the West End. You might even catch a celebrity at the nearby 'The Only Way in Essex' nightclubs too. Then come back to the hotel for some great food and one of our super comfy new generation bedrooms, with an impressive 40" flat screen TV, freshly-updated bathroom with large shower head, and brand new, slumber-inducing, king- size Hypnos bed.

London Rainham hotel



New Road, Wennington, Rainham Essex

RM13 9ED

[5.9 miles from competition venue](#)

Whether it's a night on the town or a quiet evening in, Premier Inn Hotel London Rainham is a great choice. You'll have direct links right to the centre of London and we're handy for Greenwich, the O2 and local businesses too. Cheer on the sports stars at Queen Elizabeth Olympic Park. Or head into town and see the iconic sights. Do some window shopping along Bond Street, enjoy a picnic in Hyde Park, or pick up a bargain or two at Lakeside Shopping Centre. After a busy day, come back to the hotel for some great food and a lovely comfy bed.

Holiday Inn : Brentwood M25, Jct.28

Two minutes' drive from the M25 motorway, Holiday Inn® Brentwood M25, Jct.28 hotel has a restaurant, a fitness centre with an indoor swimming pool, free parking and free Wi-Fi.



Brook Street, Brentwood, CM14 5NF

[5.82 mi \(9.37 km\) from competition venue](#)

Wi-Fi Included

Holiday Inn Express: London - Newbury Park

Three minutes' walk from Newbury Park Tube station, the Holiday Inn Express® London - Newbury Park hotel has lovely rooms, meeting facilities for up to 220 guests, a lobby bar, free WiFi and [View More...](#)



Eastern Avenue 713 , Newbury Park , London, IG2 7RH

[6.88 mi \(11.08 km\) from competition venue](#)

12. **Parking**

- There are 200 free parking spaces available on site for sports hall users and a further 200 spaces.
- Please give yourself enough time to park and make your way to the venue, as the on site car park can get very busy.
- Please refer to **Attachment 2** for Event parking solutions.

13. **Main Motorway Junctions**

- The following main motorway junctions are closest to the venue :
M25 junction 28 clockwise
M25 junction 29 anti-clockwise
A406 (North Circular) Redbridge junction

14. **Café in Venue**

- The venue has a Café serving items such as sandwiches, paninis, filled baguettes, burgers, cooked breakfasts, pastas, smoothies and much more. Water, soft drinks, tea, coffee are also available.

15. **Contact Details & Competition Website**

- James & Robert Steadman
info@chka-events.com
07731 855 849
- We have setup a competition website for this event – please check it regularly for any updates, as well as our events page on Facebook.
www.chka-events.com

Attachment 1 : ENTRY FORM - 1ST CHKA OPEN CHAMPIONSHIPS, 7th April 2019

- Please email this form to info@chka-events.com
- Closing date **25th March 2019**

PLEASE EMAIL YOUR COACHES PHOTOGRAPHS WITH THIS ENTRY FORM

Club Name		Association Name	
Federation Affiliated to		Style	
Contact Name		Phone No	
Phone Number		Address	
Email		Signature	

I can confirm all Competitors have licenses with valid insurance. I understand that WKF rules will apply to this tournament. I also understand that my competitors enter at their own risk and by doing so agree to absolve the organiser of any claims which may arise due to injury/loss/damage of their personal property, however caused.

- *The organiser has the right to change or omit categories on the day.*

BACS Payments can be made to

Account Name: CHKA Events

Sort code: 40 09 07

Account number: 81665065

Reference: **CHKA & name of your club**

- Follow this up with a text message to James Steadman **07731855849** to confirm payment and entry info@chka-events.com
 - If you have issues paying by bank transfer please contact us.

No.	CLUB NAME : LIST competitors full names	Gender	Date of Birth	Age at date of comp	Weight (in kgs)	Grade	CATEGORY NO		CATEGORY NO		Total £
							Individual Kata £15		Individual/Team Kumite £15		
1											
2											
3											
4											
5											
6											
7											
8											
9											
10											
11											
12											
13											
14											
15											
16											
	TOTAL ENTRIES										

No.	CLUB NAME : LIST competitors full names	Gender	Date of Birth	Age at date of comp	Weight (in kgs)	Grade	CATEGORY NO		CATEGORY NO		Total £
							Individual Kata £15		Individual/Team Kumite £15		
17											
18											
19											
20											
21											
22											
23											
24											
25											
26											
27											
28											
29											
30											
31											
32											
	TOTAL ENTRIES										£

No.	CLUB NAME : LIST competitors full names	Gender	Date of Birth	Age at date of comp	Weight (in kgs)	Grade	CATEGORY NO		CATEGORY NO		Total £
							Individual Kata £15		Individual/Team Kumite £15		
33											
34											
35											
36											
37											
38											
39											
40											
41											
42											
43											
44											
45											
46											
47											
48											
	TOTAL ENTRIES										£

Please find information on other free parking within walking distance of our sport centre.

Our car park will be busy and we provide this information in hope that it will make your visit as easy as possible.

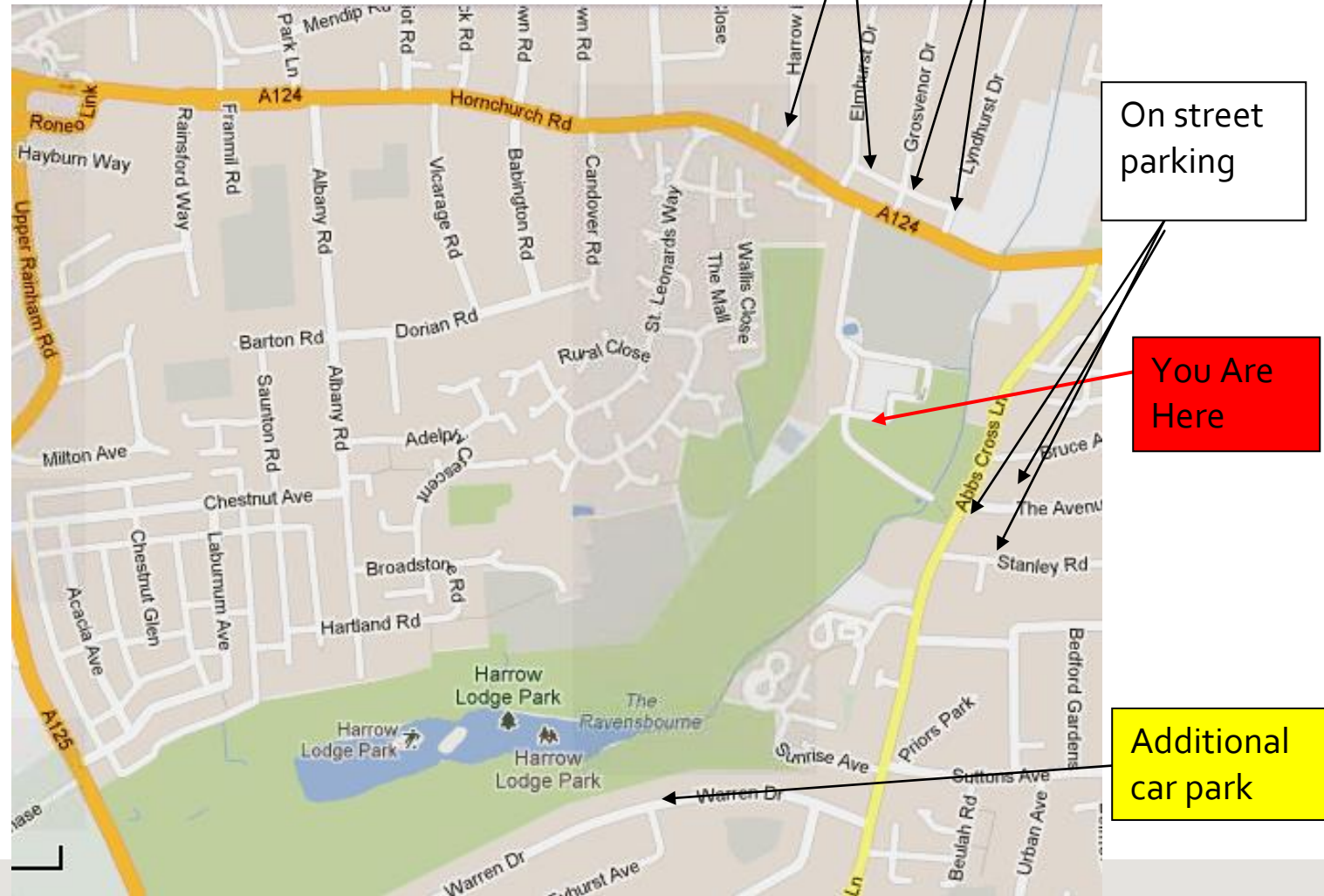
We have 200 free spaces on site that are for sports hall users only and a further free 200 spaces that are for sport hall and park users.

Please DO NOT park on the grass. Although the car park is free this could result in parking fines or your vehicle could be towed away.

Please remember that your vehicle and its contents are left at the owner's risk and we will not accept any liability for damage, theft or fines.

Give yourself time to park and get into the venue

Attachment 2 : Event Parking Solutions



High Street Car Parks

Dorrington Gardens
Hornchurch RM12 4TX
Free on Sundays

Appleton Way
Hornchurch RM12 4TX
Free on Sundays

Fentiman Way
Hornchurch RM11 3YJ
Free on Sundays